

# ***It's Not Too Late... To Vaccinate!***



A flu shot in **November or December** can protect you and your family.

***Flu shots are recommended for:***

- Healthy adults 50 years and older
- Health care workers
- Higher-risk children and adults who did not get an early flu shot in September or October
- Other healthy adults and children

***www.Findaflushot.com for locations.  
For more information on flu and flu vaccine, ask your doctor or go to:  
www.dhs.ca.gov***

***Remember —  
Even December is  
Not Too Late!***